

Mahlgut-Tabelle

| Weichgetreide - Hartgetreide - Samen - Hülsenfrüchte | MM001 Mahlggrad | MM100 MM Lino 100 Mahlggrad | MM200 MM Lino 200 MM Pro 200 Mahlggrad | Ätherische Öle | Hinweis |
|--|--------------------|-----------------------------------|---|-------------------|---------------------------------|
| Amaranth | ✓ | 0 - 1 | 0 - 1 | | |
| Buchweizen | ✓ | 0 - 1 | 0 - 1 | | NUR GESCHÄLT UND NICHT GERÖSTET |
| Chia Samen | ✓ | 6 - 7 | 7 | | |
| Dinkel | ✓ | 1 | 1 - 2 | | |
| Einkorn | ✓ | 1 | 1 - 2 | | |
| Emmer | ✓ | 0 - 1 | 0 - 1 | | |
| Flohsamen | ✓ | 0 - 1 | 0 - 1 | | |
| Grünkern | ✓ | 1 | 1 | | |
| Hafer | ✓ | 3 | 4 - 5 | | |
| Halbe Erbsen | ✓ | 1 | 1 | | |
| Hirse | ✓ | 1 | 1 | | |
| Kamut | ✓ | 1 | 0 - 1 | | |
| Kichererbsen | ✓ | 4 - 5 | 3 - 4 | | |
| Kidneybohnen | ✓ | 1 | 1 | | |
| Linsen | ✓ | 1 | 1 | | |
| Lupine | ✓ | 2 | 2 | | |
| Mais | ✓ | 1 - 2 | 1 - 2 | | KEIN POPCORN MAIS |
| Milo (Grain Sorghum) | ✓ | 0-1 | 2 - 2.5 | | |
| Nacktgerste | ✓ | 1 | 1 | | |
| Naturreis lang | ✓ | 0 - 1 | 0 - 1 | | KEIN PARBOILED REIS |
| Pinto Bohnen | ✓ | 2 | 1,2 | | |
| Quinoa | ✓ | 0 - 1 | 0,1 | | |
| Roggen | ✓ | 1 | 1 | | |
| Sojabohnen | ✓ | 1 - 2 | 5 | | |
| Teff | ✓ | 0 - 1 | 0 - 1 | | |
| Weißer Bohnen | ✓ | 0 - 1 | 0 - 1 | | |
| Weizen | ✓ | 1 | 1 | | |
| Gewürze - Kräuter | MM001 Mahlggrad | MM100 MM Lino 100 Mahlggrad | MM200 MM Lino 200 MM Pro 200 Mahlggrad | Ätherische Öle | |
| Anis ganz | ✓ | 4 | 4 - 5 | JA | |
| Bockhornsklee | ✓ | 1 | 2 - 2.5 | | |
| Fenchelsamen | ✓ | 2 | 3 | JA | |
| Rosmarin getrocknet | ✓ | 2 | 2 | | |
| Kardamon Kapseln | ✓ | 0 - 1 | 0 - 1 | JA | |
| Koriander Körner | ✓ | 1 | 2 | JA | |
| Kreuzkümmel | ✓ | 4 | 4 | JA | |
| Kümmel | ✓ | 4 - 5 | 5 | JA | |
| Nelken | ✓ | 3 | 4 | JA | |
| Piment | ✓ | 1 | 1 | | |
| Sternanis | ✓ | 2 - 3 | 3 | JA | Vorab per Hand zerkleinern |
| Schwarzer Pfeffer | ✓ | 2 | 2 | | |
| Senfsamen | ✓ | 7 - 8 | 6 - 7 | JA | |
| Tonkabohnen | ✓ | 9 - 10 | 10 | JA | |
| Zimtblüten | ✓ | 0 - 1 | 2 | JA | |
| Zimstangen | ✓ | 1 | 1 | | Vorab per Hand zerkleinern |